

Thriving Govanhill Fund

KICKSTART GRANTS

Mood Yoga (K1) – Mood Teen Yoga Classes in Govanhill

Weekly yoga classes for teenagers in Govanhill free of charge at local yoga studio. Studio 70 on Victoria Road. The grant will cover venue hire, teacher costs and allow us to create and print yoga flashcards for the young people to take home



Roma Men's Group (K2) Roma Men's Group

To support the Roma Men's Group, based in Govanhill to fund sporting activities that promote physical activity, be more active and to improve their mental and physical health.

Sew Roma (K3) Sewing Roma Govanhill

To expand membership, engaging more women to be part of the group, expand social networking, tackle isolation, learn new skills and improve existing skills.



30 South Annandale (K4) Make Our Backcourt Beautiful Again

To create a clean, beautiful, uplifting space for our residents to enjoy, congregate and become a community again. It will be flourishing with wild flowers and fragrant herbs, contributing to our physical and mental well-being.

Women Well-being Group (K5) Women Well-being Group

To help Roma women from Govanhill and their young children to come together in a safe environment to participate in different activities and to explore Glasgow and Scotland.



Queens Park Chess Club (K6) Connecting and Supporting Govanhill Through the Ancient Game of Chess

Chess has a unique value in connecting diverse people, improving well-being and providing comfort. Two groups will build on existing interest in playing chess in Govanhill by improving access.

Our Rights Our Communities (K7) Peer Support Group

To support our peer support group for isolated members of our community – we aim to minimise stress, prevent isolation and depression and help our members to be happy and more confident.



The Next Step 4U (K8) The Next Step

The purpose of the NEXT STEP 4 U is to provide an empathetic ear in a community led project. Promoting mental health and well-being through counselling and other holistic therapies.



Kin Kitchen (K9) Govanhill Cooking Exchange

A cooking exchange programme with participants with Different cultural food knowledge who will teach each other recipes, co-produce a recipe book, and showcase the recipes at a community meal

Govanhill Roma Project (K10) Nevo Drum (New Journey)

Youth Workers will support a group of young people to talk about their lives and feelings, write lyrics from their experiences and learning and produce professional recordings and music videos



Glasgow Soundbath (K11) Bringing Soundbaths to Care Homes

To bring Soundbaths to older people in care homes to reduce stress and anxiety, promote a sense of well-being and create a shared cohesive and restorative group experience.

Greater Govanhill CIC (K12) ESOL and Educational Resources

For Greater Govanhill Magazine

To develop educational resources for English learners and School/college students – using older copies of Greater Govanhill magazines as texts.





No.1 Befriending Agency (K13) Govanhill No.1 for Befriending

To support 5 Govanhill based elderly isolated residents who
Live alone by matching them with a trained volunteer for 1-2-1
Befriending telephone calls in person meetings.

**Cathkin Blazes CFC (K14) Winter Pitches for a Gender-inclusive
Women's Football Group in Govanhill**

To pay for pitches that will allow 28 women to play football
safely for free each week

**TO VOTE– Text/WhatsApp your name, postcode and house/flat number and 5 votes per
category to 07919 364673 by 12 noon on Wednesday 5th October**

